

Food and Nutrition Services

JANUARY/FEBRUARY 2020

INSIDE THIS

School Breakfast 1 Week

Farm to School Census

USDA Proposed 2 Rules

USDA Memos 2

And Justice For 3
All Posters

Staff Updates 3

Summer Work- 3 shop 2020

Live Virtual Dairy 3
Farm Tour



Mark your calendar for National School Breakfast week coming March 2-6, 2020! The theme is "School Breakfast: Out of this World." The national School Nutrition Association (SNA) has posted resources on their webpage. Resources include social media tips, engagement activities, infographics, and a calendar countdown. Start planning your celebration today!

Farm to School Census

GOAL ACCOMPLISHED!! Missouri surpassed the goal that we had set at 70%. With your help our state had a 71% response rate! As a THANK YOU, anyone who completed the survey was entered into a drawing! The winner of Sunkist Sectionizer is Wheaton R-III and the winner of the Salad Spinner is Moberly School District!! Congratulations to both schools and again thank you for participating in the survey.



Congratulations
Moberly School District!!





Congratulations
Wheaton R-III School District!

USDA Proposed Rule: School Meals Flexibilities

On January 17, 2020, USDA announced a <u>proposed rule</u> aimed to provide more flexibility to schools "...to serve nutritious foods children will be eager to eat, while also improving program efficiency and integrity." You can review USDA's <u>Fact Sheet</u> on the proposed rule, which is open for public comment <u>here</u> through March 23rd. Additional information can be viewed via a webinar here:

- <u>Streamlining Program Requirements and Improving Integrity in the Summer Food Service Program</u>
- Simplifying Meal Patterns and Monitoring Requirements in the National School Lunch and School Breakfast Programs



USDA Memos

The USDA, Food and Nutrition Services (FNS) most recently issued memos providing updated guidance for operating the Child Nutrition Programs (CNPs), including the National School Lunch (NSLP), School Breakfast (SBP), and the Special Milk Program (SMP). These new memos have no additional requirements, but are intended to help bring clarification to existing policies and regulations. Please review the memos in full on the DESE-FNS webpage.

<u>SP 37-2019</u> - Provides questions and answers on the final rule *Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements* (83 FR 63774, December 12, 2018), which provides menu planning flexibilities in the CNPs. The questions and answers review the following flexibilities for flavored milk, whole grains, and sodium reduction timelines that went into effect July 1, 2019, for the 2019-2020 school year.

<u>SP 38-2019</u> - This is an update to the crediting questions and provides a new resource for the updated policy guidance on the meal requirements for NSLP and SBP effective in the 2019-2020 school year. Includes questions and answers updated to incorporate changes and modify edits to clarify content. This memo will replace memo SP 10-2012.

<u>SP 39-2019</u> - This updated memorandum clarifies regulations that water made available to students in the NSLP and SBP shall not compete with milk requirements. This includes the restriction to directly or indirectly influence the sale or marketing of fluid milk.

<u>SP 40-2019</u> - This updated memorandum clarifies juice and yogurt allowances based on the childcare and preschool meal pattern updates and incorporates the meal pattern flexibilities related to flavored milk. This memorandum also changes the policy for commercially prepared smoothies. Commercially prepared smoothies can now contribute to the meat/meat alternate, fruit, vegetable, and milk components of the Federal meal requirements for all CNPs.

<u>SP 41-2019</u> - This memorandum provides State agencies with information on how salad bars can effectively improve the service of reimbursable meals and includes information on portion size, location of the salad bar, production records, and food safety. This memorandum includes policy changes and general updates to outdated resources/website links and updated questions and answers.

<u>SP 05-2020</u> - Questions & Answers Regarding Professional Standards for State and Local Nutrition Program Personnel.



"And Justice For All" Poster

Our office recently mailed out the updated "And Justice For All" poster. Please remove the posters that are currently displayed and replace with the new poster. Additional posters can be requested from our office by calling 573-751-3526.



Start Simple with MyPlate

Meet healthy eating goals one at a time! Use the Start Simple with <u>MyPlate App</u> to pick simple daily food goals, see real-time progress, and earn badges along the way. This easy-to-use app can help you make positive changes. Healthy eating can help you achieve a healthier life overall. Get started with Start Simple with <u>MyPlate</u>!



Summer Workshops 2020

The Summer Workshop for 2020 will be on held June 30th and July 1st in Jefferson City, Missouri at the Capitol Plaza Hotel and Convention Center.

- June 30th will be a one day training for New Hires/New to Position personnel within 2 years.
- July 1st will be a one day training for all.

More information will be coming soon!



Have you ever wondered where your ice cold milk came from? Or how long it takes for milk to travel from the farm to table? Linked is more information about the Live Virtual Dairy Farm Tours.

Food and Nutrition Services
P.O. Box 480, 205 Jefferson Street
Jefferson City, Mo 65102
Phone # 573-751-3526





https://dese.mo.gov/financial-admin-services/food-nutrition-services

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 205 Jefferson Street, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or Relay Missouri 800-735-2966. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.